SP-020
Form No. Med. 1
Rev. 7/01

2110

DEPARTMENT OF CORRECTIONS

CONSULTATION

GROUP NUMBER	
NHSP-M	✓
LRF	
NHSP-W	
SPU	
HILLS	
BERLIN	

Priority: 1 Week
Name: Wolff Charles
Date of Birth: 4/24/1946
Certificate Number: 27322 HS
Jurisdiction: NH

Date ordered	From: Person requesting consultation	#
8/9/07	Dr. Englander (DT)	27322

PURPOSE OF CONSULTATION (Please Print)
Brief summary of patient's condition and specific question for consultant.
TO BE COMPLETED BY PHYSICIAN

Needs dietary nutritional consult as NIDDM - also Kosher diet. States having diarrhea and meds cause "stomach cramps". We need a diet to be nutritionally sufficient and also be Kosher. I have enclosed record of his food intake also copies of his entries - as of 8/8/07 he has only had soft BMs not diarrhea as he claims (D. Timmalty LNC) - 8/3/07

Dr. Englander - (DT)
Signature of person requesting consultation

To: Consultant's name	Of: Agency / Organization	Date seen
CMC / dietary dept	(approved by Steve Curley) 668-3545	Cook for dietary

FAX# 603-6735

CONSULTANT'S NOTES: Current meds see attached sheet - 8/16 left Voicemail msg. 8/31 Chewtedel 11:30 Laura

Findings: Noted polypharmacy - food/drug interactions may contribute to GI complaints. PT states no GI complaints when he dosent eat the meals "Kosher" but substitutes bread + water. Nutritional balance lacking. States shelf stable Kosher meals disagree with his stomach. Frozen do not. The current ones are too spicy. I was fine with prior meals. Desires weight regain. Reported height of 5'10" + at slouching HT 5'7" BMI is 22.8

Diagnostic Impression: c/o GI upset associated with meals c/o weight loss R/T meals. Current BMI of 21 indicates normal weight range, lean appearance.

Recommendations: Balanced Kosher diet, 2000-2500 (185 lb) 70-100g protein.

Will follow up with Medical and Food Service to discuss goals + alternates.

RECEIVED
AUG 31 2007

Charlotte Laura RD CMC
Signature of Consultant and Title

Distribution: Return first two copies immediately with patient.
CONSULTANT RETAIN LAST COPY!

DEFENDANT'S EXHIBIT A
PENGAD-Bayonne, N.J.

NAME: Charles Wolff
M.R.#
D.O.B.: 4-24-46

CATHOLIC MEDICAL CENTER
MANCHESTER, NH
OUTPATIENT NUTRITION SERVICES ASSESSMENT NOTE

IN: 11 35 am
out 12:15 pm

DATE: 8/31/07 REFERRING MD: DR Englander
PHONE: (H) 271-6064 INSURANCE:
DX: NIDDM, cramps / diarrhea R/T food intol. PMHX: CA
DIET ORDER: NIDDM Kosher
PRIOR INSTRUCTION: at current Housing unit No prior Hx.
S: PATIENT'S PERCEPTION OF PROBLEM AND DESIRED OUTCOME:
1969 psycentry Report 187# 2005. Report MD told him not eat hard boiled eggs OK for scrambled
COOKING DONE BY: Institution SHOPPING DONE BY: Not Available
FAMILY SITUATION: Not Applicable
PHYSICAL ACTIVITY: Limited physical activity
stated or 5 7" when standing with [illegible]

.143

O: HEIGHT: 5 10" WEIGHT: 148.6 DBW: 148-165 PT WT GOAL: 184# BMI: 21.2 LEAN NORMAL
WAIST/HIP _____ % (GOAL F<80% M<90%)
EST.% BODY FAT:
MEDICATIONS: Prilosec → may ↓ Fe + B_{12} Absorption, diarrhea, nausea, Ab. pain, Tricor → N/V Lipitor → N, dyspepsia
LABS: Plavix → abdom pain, dyspepsia, diarrhea AB. pain
ENERGY NEEDS: ASA → N/V, dyspepsia
67.5 kg (149#) = 2025 to 2500 To support 149# - 165 # (to 184# ultimate goal 2500)
PROTEIN NEEDS: 1g/kg 67.5 g - 75 g

NUTRIENT CONTROL PLAN

STATES you can eat

EXCHANGE	TOTAL	CHO	PRO	FAT	
FRUIT	2			120-150	
VEGETABLE	4			120-150	
STARCH	10			800	
SK. MILK	3-4	LF dairy		300	
LEAN MEAT	5-8oz			480	
FAT	4-6 tsp	Heart healthy		270	
CALORIES	2025-	2250		2150	

SNACKS
A.M. —
60g carb meals to 75g
30g snack(s)
P.M.
P.M.

No sugar free

CONSULTATION FOCUS/ ASSESSMENT
Kosher Levite tribe Per PT. Take in cell feeds [illegible]
Unable to eat bland diet. 2006 meds changed replace. Need bland diet States Lost wt. recently. Has gained weight at his spec. unit. "I can eat French but not shelf stable. like they have in Tousiaey. I get sick, so I just eat" States desire for having old meals back. Cannot eat current Kosher Lunch and am meal
EDUCATIONAL MATERIALS GIVEN
None given

MEAL PATTERN * → 60-75g carb meals, 30g snack(s)

BREAKFAST		NOON		EVENING	
FRUIT	1	MEAT	2-4 oz	MEAT	3-6 oz
STARCH	3	STARCH	3-4	STARCH	3-4
MEAT	0-1	VEG	2	VEG	2
FAT	2-3 tsp	FRUIT	1	FRUIT	1
MILK	2	FAT	2 tsp	FAT	2 tsp
		MILK/Dairy	1	MILK/Dairy	1

MOTIVATION P F G E
uncertain - states Highly Interested in proper meals
COMPREHENSION P (F) G E

MEDICAL NUTRITION THERAPY PLAN: FOLLOW UP: Y (N) Menu planning c staff
with DM
Consistent Carbohydrate balanced Kosher meal plan 75g carb meal 15-30g snack(s)/treat(s)

COMMENTS TO MD/STAFF: Many Food/Drug interactions with possible N/V, diarrhea And Abdominal pain. Question if PT has had food Allergy testing? will Contact Staff re: Kosher products - Alternatives if possible. Current BMI at 21 is normal
OUTPATIENT DIETITIAN [signature] RD